

North Maharashtra University, Jalgaon

Syllabus for

FYBA PSYCHOLOGY

Under the Faculty of Humanities

(With effect from June 2018) CHOICE BASED CREDIT SYSTEM (CBCS)

North Maharashtra University, Jalgaon

Choice Based Credit System (CBCS) Faculty of Humanities

Under Graduate Programme (UG)

PSYCHOLOGY

Curriculum Structure and Scheme of Evaluation for B.A. First Year With effective from 2018-19

Semester	Paper No.	Title of the Paper	Period/Week	Credit
I	Psy- 101	Foundations Of Psychology	04	03
II	Psy- 201	Introduction To Social Psychology	04	03

HIGHLIGHTS OF THE PAPER

• **Salient features of the paper**- For semester I, Course title "Foundations of Psychology" is for four Credits and paper II is for two credits. From this course students get aware about basic concepts of Psychology and they also learn how to measure personality as well as intelligence quotient form practicum.

In semester II students studied Introduction to Social Psychology, In this course they learn about social psychology in Indian context. They also learn, how to measure self concept, Locus of control of the clients/ subjects form practicum subject.

- **Utility of the Paper:-** From this paper students will prepare themselves in way to forth coming examination like SET/NET or other competitive exam.
- Learning Objective of the Paper: To make students understand the basic Psychological process and their application in everyday life. They also understand the basics of social psychology and to understand the individual in the social world.
- **Prerequisites of the Paper**: In each semester theory and practicum is correlated with sub-units.

Core Course Psychology

Semester- I

Course Title: Foundations Of Psychology (Psy- 101)

Course Code:-CCPSY-I Credit :- 3 Total Period- 60 Total Marks-100 External Marks- 60 Internal Marks- 40

Objectives-

- 1. To impart knowledge of the basic concepts and modern trends in Psychology.
- 2. To relate the fundamental principles of Psychology in everyday life.
- 3. To make the students aware of the applications of Psychological concepts in various fields.

Unit- 1. Introducing Psychology

(20)

- A. Psychology: Definition and Nature, Psychology As a Science
- B. Schools Of Psychology- Structuralism, Functionalism, Behaviorlism, Gestalt, Cognitive.
- C. Branches of Psychology Clinical, Industrial, Counselling, Social, Developmental, Educational.
- D. Methods Of Psychology Observational, Experimental, Survey
- E. Career In Psychology, Psychology In India.

Unit- 2. Cognitive Process

(20)

- A. Attention- Definition, Types and Determinants.
- B. Perception Definition, Nature, Lows Of Perceptual Organization
- C. Conditioning- Classical & Operant, Observational Learning
- D. Memory- Definition, Types And Memory Improvement Techniques
- E. Emotion- Definition, External Expression of Emotions, Emotional Intelligence

Unit- 3. Motivation Personality And Intelligence

(20)

- A. Motivation- Definition, Motivation Cycle, Biological Motives- -Hunger, Thirst, Sex
- B. Personality Definition, Misconception of Personality.
- C. Theories Of Personality Allport, Cattel, Neo-FFI-3
- D. Intelligence Definition And Basic Concepts (CA, MA, IQ)
- E. Theories Of Intelligence Guilford And Sternberg

References:

- 1. Baron, R. A. (1995). Psychology (3rd Edition). Prentice Hall, India.
- 2. Carole, W. and Carol, T. (2007). *Psychology* (7th Edition). Pearson Education, India.
- 3. Feldman, R.S. (1996). *Understanding Psychology* (4th Edition). McGraw Hill Publication, India.
- 4. Lahe, B. B. (1995). *Psychology: An Introduction* (7th Edition). McGraw Hill Publication, India.
- 5. Morgan, King, Weiss and Schopler (1989). *Introduction to Psychology* (7th Ed.). McGraw Hill, India.
- 6. Myers, D. G. (1990). Psychology (3rd Edition). Worth Publishers, New York.

Books in Marathi Language:

- 1. Bachhav, Badgujar and Shinde (2001). *General Psychology*. Swayambhu Prakashan, Nashik.
- 2. Mundada, N. and Khalane, S. (2013). *Manasshastrachi Multattve*. Atharv Publication, Jalgaon.
- 3. Oak, Abhyankar and Govilkar (2008). Psychology. Pearson Publication, Delhi.
- 4. Padhye, V. (2004). Psychology. Renuka Prakashan, Aurangabad.
- 5. Pandit, Gore, and Kulkarni (1999). *General Psychology*. Pimplapure Publication, Nagpur.
- 6. Rane, Chaudhari and Pawar (2005). *General Psychology*. Prashant Publication, Jalgaon
- 7. Mundada, N. and Khalane, S. (2017). *Pragat Samanya Manasshastra*. Atharv Publication, Jalgaon.

Examination Pattern

Internal Examination: 40 Marks (College Level)

Internal Test-I	Internal Test-II	Tutorial	Attendance & Behavior	Total Marks
10 Marks	10 Marks	10 Marks	5+5 = 10 Marks	40 Marks

External Examination :- 60 Marks (University Level)

Core Course Psychology

Semester- II

Course Title: Introduction To Social Psychology (Psy-201)

Course Code:-CCPSY-I Credit :- 3 Total Period- 60 Total Marks-100 External Marks- 60 Internal Marks- 40

Objectives-

- 1. To understand the basics of social psychology and to understand the individual in the social world.
- 2. To make the students aware of the applications of the various concepts in Social Psychology in the Indian context.

Unit- 1. Introduction To Social Psychology

(20)

- A. Definition And Nature Of Social Psychology
- B. Brief History Of Social Psychology (Special Emphasis On India)
- C. Scope Of Social Psychology, Levels Of Social Behavior
- D. Approaches Toward Understanding Social Behavior
- E. Pro social Behavior

Unit- 2. Individual Level Processes

(20)

- A. Difference between Social Cognition & Social Perception.
- B. Theories of attribution: Theory of Correspondent Inference and Kelly's theories of Causal Attributions
- C. Attitude: Definition, components, Dimensions and formation of attitude
- D. Self –Concept: The Nature of the Self Concept, Our sense of Self, Development of social self.
- E. Aggression:- Meaning & Nature of Aggression, Prevention & Reducing Aggression

Unit- 3. Group Dynamics

(20)

- A. Groups: When we join and when we leave, The benefits of joining
- B. Cooperation and Conflict
- C. Conformity; Factors affecting Conformity
- D. Obedience & Authority
- E. Locus of control, Increasing our helping nature.

Books for Reference

- 1. Baron, R. A., Branscombe, N. R., & Byrne, D. Bhardwaj, G. (2008). *Social Psychology*. (12th ed.). New Delhi: Pearson Education, Indian subcontinent adaptation 2009
- 2. Aronson, E., Wilson, T. D., & Akert, R. M. (2007). *Social Psychology*. (6th edi.), New Jersey: Pearson Education prentice Hall
- 3. Baumeister, R. F., & Bushman, B. J. (2008). *Social Psychology and Human Nature*. International student edition, Thomson Wadsworth USA
- 4. Myers, D. G. (2006). Social Psychology. (8th edi.), Tata McCraw-Hill Publication.

Books in Marathi Language:

- 1. Mundada, (2014). Samajik Manasshashtra. Atharv Publication, Jalgaon.
- 2. Gadekar K.N., Patil A. & Inamdar A.K.(2007). *Pragat Samajik Manashastra*, Pune: Diamond Publication.
- 3. Palsane M.N. & Talwalkar V. (2000). *Samajik Manasshastra*, Pune: Continental Prakashan.
- 4. Rane S.S. & Shinde M.G. *Pragat Samajik Manashastra*, Jalgaon: Prashant Publication.
- 5. Tadsare, Tambake, Patil & Darekar (2003). *Samajik Manasshatra*, Kolhapur: Phadke Prakashan.

Examination Pattern

Internal Examination:- 40 Marks (College Level)

Internal Test-I	Internal Test-II	Tutorial	Attendance & Behavior	Total Marks
10 Marks	10 Marks	10 Marks	5+5 =10 Marks	40 Marks

External Examination :- 60 Marks (University Level)

F.Y.B.A. Psychology

Equivalent Syllabus of General Paper

	Old Syllabus 2017-18	New Syllabus From June 2018 Onwards		
Psy- G 101 (A)	Modern General Psychology	Psy- 101	Foundations of Psychology	
Psy- G 201 (A)	Modern General Psychology	Psy- 201	Introduction to Social Psychology	

Question Paper Pattern CBCS Pattern

Time - 2 hrs.	Class- F.Y.B.A.	Marks- 60
Instructions- 1. All questions carry eq 2. All questions are com		
2	entence. (Any-6)	12
1	to four sentences. (Any-4)	12
2 3	(Any-3)	12
2 3	ote on. (Any-2)	12
2	uestions. (Any-1)	12